

POCATELLO PARKS & RECREATION – YOUTH TEAM SPORTS

2025 GIRLS VOLLEYBALL LEAGUE RULES

March 31, 2025

Rules will be governed by the National Federation Rulebook used by the I.H.S.A.A., with the following amendments:

1 – GAME LOCATIONS:

IRVING MIDDLE SCHOOL, 911 N. GRANT.

FRANKLIN MIDDLE SCHOOL, 2271 E Terry St.

2 – GAME SCHEDULE: TEAMS MAY BE SCHEDULED FOR BYES & DOUBLE HEADERS DURING THE SEASON. CHECK YOUR SCHEDULES CAREFULLY TO KNOW IF YOUR TEAM MIGHT HAVE 2 GAMES ON THE SAME DAY!

3 – UNIFORMS: UNIFORMS ARE INCLUDED IN THE COST OF REGISTRATION. THE CITY WILL PROVIDE NEW DAY PRODUCTS A TEAM LIST OF SIZES AFTER REGISTRATION. COACHES ARE RESPONSIBLE TO CONTACT NEW DAY PRODUCTS 208-232-7807 TO CHOOSE THEIR TEAM COLORS.

4 – MATCH TIME: ALL DIVISIONS MATCHES ARE SCHEDULED FOR 55 MINUTES. WARM UP TIME WILL VARY, DEPENDANT UPON THE TIME LEFT OVER FROM THE CONCLUSION OF THE PREVIOUSLY SCHEDULED MATCH.

5– MATCH LENGTH: EACH MATCH WILL ALWAYS CONSIST OF 3 SETS. IF ONE TEAM WINS THE FIRST TWO SETS, THEY WIN THE MATCH; HOWEVER, A THIRD SET WILL STILL BE PLAYED. IF AFTER 3 SETS THERE IS STILL REMAINING TIME IN THE 1 HOUR TIME BLOCK, TEAMS MAY CONTINUE TO PLAY UNTIL THE END OF THEIR 55 MINUTE SCHEDULE TIME, ALLOWING PLAYERS MORE GAME TIME TO DEVELOP THEIR VOLLEYBALL SKILLS.

6 – SCORING 4TH /5TH & 6TH / 7TH GRADE DIVISIONS: THE FIRST TWO SETS ARE PLAYED TO 25 POINTS, **WIN BY 1**. THE THIRD SET IS PLAYED TO 15, MUST WIN BY **2 POINTS**.

7 - SCORING 8TH /9TH GRADE DIVISION: SET 1 & 2 WILL BE PLAYED TO 25 POINTS, NO CAP, **WIN BY 2 POINTS**. DECIDING SET 3 WILL BE PLAYED TO 15 POINTS, NO CAP, **WIN BY 2 POINTS**.

8 - 4TH /5TH GRADE SERVICE RULES:

(A) THE SERVER IS ALLOWED TO START BEHIND THE 10' LINE (CANNOT TOUCH THE 10' LINE WHILE SERVING) TO HAVE A SUCCESSFUL SERVE. COACHES ARE ENCOURAGED TO WORK WITH THEIR PLAYERS TO MOVE AS CLOSE TO THE ACTUAL SERVICE LINE AS POSSIBLE DURING THE SEASON. THE SERVER MUST BE BEHIND THE 10' LINE AT THE SERVE.

(B) THE SERVER WILL BE ALLOWED A MAXIMUM OF 5 SUCCESSFUL SERVES PER SERVICE OPPORTUNITY.

9 - 6TH / 7TH GRADE SERVICE RULES:

STARTING BEHIND THE SERVICE LINE, THE SERVER MAY STEP INTO THE COURT A MAXIMUM OF 3 REGULAR STEPS DURING THEIR SERVE IF NECESSARY TO HAVE A SUCCESSFUL SERVE. COACHES ARE ENCOURAGED TO WORK WITH THEIR PLAYERS TO MOVE AS CLOSE TO THE ACTUAL SERVICE LINE AS POSSIBLE DURING THE SEASON.

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10 - 8TH / 9TH GRADE SERVICE RULES:

STARTING BEHIND THE SERVICE LINE THE PLAYER MUST SERVE OVER THE NET WITHOUT STEPPING ON OR OVER THE SERVICE LINE. (AS PER HIGH SCHOOL RULES)

11 – GENERAL SERVICE RULES:

(A) SERVERS IN 4TH/5TH AND 6TH/7TH IF THE FIRST SERVE IS NOT SUCCESSFUL, ANOTHER SERVE IS AVAILABLE. **THROUGHOUT THE ENTIRE MATCH.**

(B) ANY SERVICE CONTACTING THE NET IS LEGAL IF THE BALL GOES OVER THE NET INTO THE CONFINES OF THE RECEIVING TEAM'S COURT.

12 – SETTER & LIBERO RULES:

(A) 6TH/7TH AND 8TH/9TH DIVISIONS ARE ALLOWED TO DESIGNATE ONE PLAYER AS THE SETTER. IF A TEAM CHOOSES TO DO THIS THE COACH MUST INFORM THE OFFICIALS OF WHO THE SETTER IS AT THE BEGINNING OF EVERY SET. TEAMS ARE ALLOWED TO SWITCH SETTERS, BUT THEY STILL NEED TO BE DESIGNATED AT THE BEGINNING OF EVERY SET.

(B) 8TH/9TH DIVISION IS ALLOWED TO DESIGNATE ONE PLAYER AS THE LIBERO AT THE BEGINNING OF EVERY SET. THE LIBERO POSITION CAN SERVE IN PLACE OF ONE DESIGNATED PLAYER AND DOES NOT ROTATE TO THE FRONT ROW. THE LIBERO HAS TO BE REPLACED WITH THE PERSON THEY ORIGINALLY REPLACED. (IF THERE ARE QUESTIONS REGARDING THESE POSITIONS PLEASE ASK THE OFFICIALS PRIOR TO THE MATCH OR BETWEEN SETS.)

13 – PLAYER ROTATION: ALL PLAYERS ON THE FLOOR AND BENCH WILL BE INVOLVED IN PLAYER ROTATION. THE RECEIVING TEAMS 1ST SERVER WILL BE POSITIONED IN THE RIGHT FRONT CORNER POSITION AT THE START OF EACH SET AND ROTATES TO BE THE 1ST SERVER FOR THE RECEIVING TEAM ON THEIR 1ST ROTATION. ALL SUBSEQUENT ROTATION BY EITHER TEAM WILL HAVE THE SERVER ROTATE OUT AFTER THEIR SERVICE OPPORTUNITY AND THE BENCH PLAYER ROTATING INTO THE SET WILL ENTER AT THE CENTER BACK POSITION. THIS ROTATION PATTERN WILL CONTINUE THROUGHOUT THE ENTIRE MATCH.

14 – COURT DESIGNATIONS:

(A) HOME TEAM / VISITING TEAM DESIGNATIONS.

1. THE HOME TEAM IS THE 1ST LISTED TEAM ON THE SCHEDULE AND HAS THE CHOICE THE FOLLOWING CHOICES: SERVE, SIDE OR RECEIVE.
2. THE VISITING TEAM IS THE 2ND LISTED TEAM ON THE SCHEDULE HAS THE CHOICE THAT THE HOME TEAM DID NOT MAKE.
3. WHEN THE MATCH GOES TO A 3RD SET, THE VISITING TEAM WILL CHOOSE SERVE, SIDE OR RECEIVE. THE HOME TEAM WILL HAVE THE CHOICE THE VISITING TEAM DID NOT TAKE.