

Pocatello Parks & Recreation
KID'S BASKETBALL LEAGUE
5th, 6th, 7th & 8th Grade D-League Rules & Regulations
10-16-25

1. Completed rosters must be turned in before season begins.
2. All players must be signed on roster before playing.
3. Teams must provide own jerseys with alternate color.
4. All players attending game must get in at least once per game. Length of time to be determined by coach. Exception can be made for injury or illness. Coach must notify scorekeeper before game if a player will not be playing due to injury or illness.
5. Any offense, defense or press may be applied at any time. Exception: Full court pressing an opponent when up by more than 20 will not be allowed. No penalty unless deemed to be intentional by head coach.
6. Shooting fouls before the bonus is reached will be 1 point and the ball out of bounds. A made basket on a shooting foul before bonus will be value of the basket and one point. Defensive team will then get ball out of bounds for throw in. On the 7th foul of the half 2 bonus free throws will be shot. Regulation free throws will be shot in last 3 minutes of second half if clock is stopped because score is within 10 points.
7. Timing will consist of two 17 minute halves with a running clock. Half time will last three minutes. Exception: The clock will stop on all whistles under three minutes in the second half if a team trails by less than 10 points. Overtime period will be untimed. Jump ball and first team to score wins overtime.
8. Teams are allowed three full length time outs. A maximum of two time outs can be carried over to the second half. If a timeout is not used in the first half it will be lost. Any unused time outs will carry over into the overtime period. Teams will be awarded one additional time out for the overtime period.
9. Any unsportsmanlike technical foul, flagrant or intentional foul will be penalized by awarding two points and the ball to the offended team.
10. Any coach, player or bench personnel ejected for unsportsmanlike behavior will be required to sit out their team's next scheduled game. Failure to leave the building after being ejected is grounds for suspension for the remainder of the season. If a coach, player or bench personnel receives a technical after being ejected in a previous game for unsportsmanlike behavior, they will be suspended for the remainder of the season. Any coach, player or bench personnel who is involved in a fight or the instigation of a fight will be immediately suspended for the remainder of the season. Any spectator who displays unsportsmanlike behavior may be removed from the building. Any spectator who is involved in a fight or instigates a fight will be immediately removed and suspended from attending any further games for the rest of the season.
11. The 29.5 ball will be used for the Boy's League 7th-8th grade games and the 28.5 will be used for the Girl's League games and Boy's League 5th and 6th Grades. By mutual consent of the coaches, the 29.5 can be used for Boy's 5th and 6th grades.
12. All rules except the above amendments will be governed by the current year NFHS Basketball rule book.